

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

Shannondale Assisted Living Center

Happy New Year

New Year's Day

**2:15
Worship
Service - C**

6
10:15 Exercise – C
2:00 Eat, Wear or Drive Game - ACT
4:00 Talk & Tea - ACT

8
10:15 Exercise – C
10:45 Kickball – C
2:00 Bingo - ACT
4:00 Celebrity Chat “Oprah” - SR
6:30 Who Made Us Laugh - SR

9
10:15 Exercise – C
10:45 Kickball – C
2:00 Pokeno - ACT
4:00 Snack Cake Penguin Craft - ACT

10
10:15 Exercise – C
10:45 Kickball – C
2:00 Pretty Nails - ACT
4:00 Who Am I? Game - SR
6:30 Jeopardy - ACT

11
10:15 Exercise – C
10:45 Kickball – C
2:00 Bible Study - C
4:00 What Am I? Game - ACT

12
**Puzzles,
Reading, TV
and Family
Time**

**2:15
Worship
Service - C**

13
14
10:15 Exercise – C
4:00 Corn Hole - ACT

15
10:15 Exercise – C
10:45 Kickball – C
2:00 Bingo - ACT
4:00 Homemade Bread - ACT
6:30 Hobbies Trivia - SR

16
10:15 Exercise – C
10:45 Kickball – C
2:00 Pokeno - ACT
4:00 Snowman Grahams Craft - ACT

17
10:15 Exercise – C
10:45 Kickball – C
2:00 Pretty Nails - ACT
4:00 Spiritual Circle - SR
6:30 The Zebra Plant - ACT

18
10:15 Exercise – C
10:45 Kickball – C
2:00 Bible Study - C
4:00 Happy Hour

19
**3:00 Bingo -
ACT**

**2:15
Worship
Service - C**

20
21
10:15 Exercise – C
2:00 Group Crossword Puzzle - ACT
4:00 Coffee Chat - ACT

Martin Luther King Day
Tu B'Shevat

22
10:15 Exercise – C
10:45 Kickball – C
2:00 Bingo - ACT
4:00 Remembering Campbell's Soup - SR
6:30 Lets Talk “Lawrence Welk” - SR

23
10:15 Exercise – C
10:45 Kickball – C
2:00 Pokeno - ACT
4:00 Polar Bear Claw Cupcake Craft - ACT

24
10:15 Exercise – C
10:45 Kickball – C
2:00 Pretty Nails - ACT
4:00 Flea Market - ACT
6:30 Random Trivia - ACT

25
10:15 Exercise – C
10:45 Kickball – C
2:00 Bible Study – C
4:00 Men's Club (men only) - ACT

26
**10:00 East TN
History W/
Melissa - ACT**

**2:15
Worship
Service - C**

27
28
10:15 Exercise – C
2:00 LIVE Drew's Blues - SR
4:00 Shooting Gallery - ACT

Australia Day (observed)

29
10:15 Exercise – C
10:45 Kickball – C
2:00 Bingo - ACT
4:00 Short Story Club - SR
6:30 Movie & Corn Puffs - SR

30
10:15 Exercise – C
10:45 Kickball – C
2:00 Pokeno - ACT
4:00 Fruity Food Art “Caterpillar”

31
10:15 Exercise – C
10:45 Kickball – C
2:00 Pretty Nails - ACT
4:00 Birthday Party - ACT
6:30 Post Season Football Chat “College Ball Games”

ACT= Activity Room
C=Chapel
SR=Sunroom
No Location = Activities staff travels around to rooms

Calendar subject to change. Please see bulletin board for the most current information