

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Happy New Year <small>New Year's Day</small>	9:30 Calendar Chat 10:00 Pretty Nails 2:30 Bible Study – 5th 4:00 Welcome Wagon	9:30 Current Events - RV 11:00 LIVE Ron & Dino – 2nd 1:30 Missing Last Letter Game 3:00 Paint & Sip – 2nd	9:30 Table Talk - RV 11:00 Morning Stretch – 2nd 3:00 Spiritual Circle – 5th 6:30 Arm Chair Travels	11:00 Exercise W/ Mary
3:30 Worship Service – 5th or Channel 12	9:30 Reminiscing - RV 11:00 Chair Yoga – 2nd 3:00 LIVE Piano W/ Karen – 5th 6:30 Stress Relief “Bubble Wrap”	9:30 Recollections 11:00 Resistance Training – 2nd 1:30 Junk Drawer Detectives 3:00 Bingo – 3rd 6:30 Who Made Us Laugh	10:00 Pretty Nails 2:30 Bible Study – 5th 4:00 Homemade Bread 6:30 Snack Cake Penguin Craft - ACT	9:30 Morning Fellowship - RV 11:00 Don't Burst My Bubble Game – 2nd 1:30 Remembering Campbell's Soup 3:00 Corn Hole – 4th 6:30 Jeopardy	9:30 Rise & Shine - RV 11:00 Scarf Dancing – 2nd 3:00 Cards W/ Kathy – 2nd 6:30 American Train Rides	Puzzles, Reading, TV and Family Time
3:30 Worship Service – 5th or Channel 12	9:30 Morning Salutations - RV 11:00 Music & Movement – 2nd 2:00 Resident Council - ACT 6:30 Bubble Break	9:30 A.M. Kickstart - RV 11:00 Elevenses (tea) – 2nd 1:30 Who Am I? Game 3:00 Bingo – 4th 6:30 Hobbies Trivia	10:00 Pretty Nails 2:30 Bible Study – 5th 4:00 Happy Hour 6:30 Snowman Graham Craft - ACT	10:45 LIVE Heartstrings – 2nd 1:30 Short Story Club 3:00 LIVE Jeff Nelson Band – 5th 6:30 The Zebra Plant	9:30 Heart to Heart - RV 11:00 Fitness Infusion – 2nd 3:00 Crafters Corner – 5th 6:30 A Walk in the Woods	3:00 Bingo – 5th
3:30 Worship Service – 5th or Channel 12	9:30 Talk Shop - RV 11:00 Sittercise – 2nd 3:00 LIVE Piano W/ Karen – 5th 6:30 Name That Tune <small>Martin Luther King Day Tu B'Shevat</small>	9:30 Chew the Fat - RV 11:00 Strength & Form – 2nd 1:30 What Things Belong Together? Game 3:00 Bingo – 5th 6:30 Let's Talk “Lawrence Welk”	10:00 Pretty Nails 2:30 Bible Study - C 4:00 Special Snack 6:30 Polar Bear Claw Cupcake Craft - ACT	9:30 Shoot the Breeze - RV 11:00 Eat, Wear or Drive Game – 2nd 1:30 Food for Thought 3:00 General Store – 4th 6:30 Random Trivia	9:30 Current Events - RV 11:00 Chair Aerobics – 2nd 3:00 Man Cave Meeting (men only) - ACT 6:30 Mystic Lands	11:00 East Tn History W/ Melissa
3:30 Worship Service – 5th or Channel 12	9:30 Table Talk 11:00 Sit & Be Fit – 2nd 3:00 LIVE Drews' Blues – 4th 6:30 Celebrity Chat “Oprah” <small>Australia Day (observed)</small>	9:30 Reminiscing - RV 11:00 Coffee & Donuts – 4th 1:30 What Am I? Game 3:00 Bingo – 2nd 6:30 Movie & Corn Puffs	10:00 Pretty Nails 2:30 Bible Study - C 4:00 Happy Hour 6:30 Fruity Food Art “Caterpillar” - ACT	10:30 LIVE Kim Frascobello Sings – 2nd 1:30 Wacky Wordies 3:00 Birthday Party – 4th 6:30 Post Season Football Chat “College Bowl Games”		

Calendar is subject to change. Please see Daily Schedule posted on each floor to the left of the elevators for the most current information.