

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2019

## Shannondale Assisted Living Center

**2:15  
Worship  
Service - C**

3

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 No Bake Workshop (Deviled Eggs) - ACT  
4:00 Climb the Matterhorn Game - ACT

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 Bingo - ACT  
4:00 King Cake Knots - ACT

Mardi Gras

5

9:15 Resident Meeting - ACT  
10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 Pokeno - ACT  
4:00 **LIVE** Judith Meade - SR

Ash Wednesday

6

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 Nails - ACT  
4:00 Poker - ACT

7

10:15 Morning Stretch - C  
2:00 Bible Study - C

8

**10:00 Classic  
Movie Trivia  
w/ Beth - SR**

**2:15  
Worship  
Service - C**

10

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 **LIVE** Drew's Blues - SR  
4:00 Homemade Bread - ACT

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 Bingo - ACT  
4:00 Chocolate Tasting - ACT

12

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 Pokeno - ACT  
4:00 Movie & Corn Puffs (Movie TBA) - SR

13

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 Fondue: Switzerland's National Dish - ACT  
4:00 Spiritual Circle - SR

14

10:15 Morning Stretch - C  
2:00 Bible Study - C

15

**3:00 Bingo -  
ACT**

Daylight Saving Time Begins

**2:15  
Worship  
Service - C**

17

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 Cards W/ Mary - ACT  
4:00 Roll a Leprechaun Game - ACT

18

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 Bingo - ACT  
4:00 Short Story Club - SR

19

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 Pokeno - ACT  
4:00 Fruit Flower Craft - ACT

20

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 Nails - ACT  
4:00 Flea Market - ACT

21

10:15 Morning Stretch - C  
2:00 Bible Study - C

22

**11:00 East TN  
History W/ Melissa  
- SR  
3:00 **LIVE** Loving  
Strings - SR**

St. Patrick's Day

Purim

**2:15  
Worship  
Service - C**

24

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 Scrapbooking - ACT  
4:00 Men's Club (Men Only) - ACT

25

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 Bingo - ACT  
4:00 "Guess That Flavor" Potato Chips

26

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 Pokeno - ACT  
4:00 Movie & Corn Puffs (Movie TBA) - SR

27

10:15 Morning Stretch - C  
10:45 Kickball - C  
2:00 **LIVE** Rick Yost - SR  
4:00 Birthday Party - ACT

28

10:15 Morning Stretch - C  
2:00 Bible Study - C

29

**Puzzles,  
Reading, TV  
and Family  
Time**

**2:15  
Worship  
Service - C**

31

ACT= Activity Room  
C=Chapel  
SR=Sunroom

No Location = Event travels around to rooms

