





Shannondale Retirement Center

March 2019

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>If you would like to visit a friend at Healthcare, Assisted Living, or Wellpark, please let me know and we will arrange a time.</p>		<p>Walking group Tues/Thur, 9:30-10:00 Card games in 100 Lounge most evenings at 5:45. Scrabble Thurs at 1:30. Mahjongg & Bridge available. Piano in lobby Mon, Tue, Fri, and Sat at 4:30.</p>			<p>10:00 Wellness Program 1</p> <p>12:30 Shopping @ Deane Hill Center</p>	<p>2</p>
<p>3</p> <p>4:00 Worship</p>	<p>10:00 Wellness Program 4</p> <p>12:30 Walgreens</p>	<p>5</p> <p>Come to Lunch dressed for MARDI GRAS!! I'll bring the King Cake!</p> <p>DOCTOR - WEST / Afternoon</p> <p>6:00 BINGO</p>	<p>10:00 Wellness Program 6</p> <p>1:30 Cornhole!</p> <p>6:15 Ash Wednesday Service</p>	<p>10:00 Bible Study 7</p> <p>12:30 Bank</p>	<p>10:00 Wellness Program 8</p> <p>12:30 West Town Mall</p>	<p>9</p> 
<p>10</p> <p>4:00 Worship</p>	<p>10:00 Wellness Program 11</p> <p>DOCTOR - EAST / Morning</p> <p>3:30 Wii Bowling</p>	<p>12</p> <p>12:30 Walmart</p> <p>6:00 BINGO</p>	<p>10:00 Wellness Program 13</p> <p>Nail Day - 8:00 AM</p> <p>12:30 Kroger</p> <p>4:00 Story writers / tellers (200 Lounge)</p> <p>6:15 Bible Study</p>	<p>10:00 Bible Study 14</p> <p>12:30 Library Committee Meeting</p> <p>1:00 Turkey Creek</p> <p>2:00 Poetry Club (200 lounge)</p> <p>4:00 Res. Life Committee Meeting</p> <p>6:30 Symphony</p>	<p>10:00 Wellness Program 15</p> <p>2:00 St. Patrick's Day Fun! (a little early)</p>	<p>16</p>
<p>17</p> <p>4:00 Worship</p>	<p>10:00 Wellness Program 18</p> <p>LUNCH OUT</p>	<p>19</p> <p>DOCTOR - WEST / Afternoon</p> <p>6:15 Somerset Trio performs Beethoven & Strauss</p>	<p>10:00 Wellness Program 20</p> <p>12:30 Walgreens</p> <p>6:15 Bible Study</p>	<p>10:00 Bible Study 21</p> <p>10:15 Council Meeting</p> <p>Birthday Cake!</p> <p>6:00 Trivial Pursuit</p>	<p>10:00 Wellness Program 22</p> <p>12:30 Bank</p> <p>4:30 Sing-A-Long</p>	<p>23</p> <p>Donuts & Coffee 9 - 10 am (Front Lobby)</p>
<p>24</p> <p>4:00 Worship</p>	<p>10:00 Wellness Program 25</p> <p>DOCTOR - EAST / Morning</p>	<p>26</p> <p>12:30 Walmart</p> <p>6:00 Movie Night</p>	<p>10:00 Wellness Program 27</p> <p>ERRAND DAY</p> <p>4:00 Last Wed. Discussion (200 Lounge)</p> <p>6:15 Bible Study</p>	<p>10:00 Bible Study 28</p> <p>12:30 Dollar Tree</p> <p>6:00 BINGO</p>	<p>10:00 Wellness Program 29</p> <p>2:00 Ugly Sweater Party!</p> 	<p>30</p> 
<p>31</p> <p>4:00 Worship</p>	<p>3:30 Wii Bowling</p>					